

re.

FOOT MASSAGER



BRUKSANVISNING - BRUKSANVISNING - BRUGSANVISNING - KÄYTTÖOHJE - USER MANUAL

LES ALLE INSTRUKSJONENE FØR BRUK. TA VARE PÅ DISSE INSTRUKSJONENE FOR FREMTIDIG BRUK
LÄS ALLA INSTRUKTIONER FÖRE ANVÄNDNING. SPARA DESSA INSTRUKTIONER FÖR FRAMTIDA BRUK
LÆS HELE VEJLEDNINGEN FØR BRUG. OPBEVAR DENNE VEJLEDNING TIL FREMTIDIG BRUG
LUE OHJEET ENNEN KÄYTTÖÄ, SÄILYTÄ NÄMÄ OHJEET MYÖHEMPÄÄ TARVETTA VARTEN
READ ALL INSTRUCTIONS BEFORE USE. SAVE THESE INSTRUCTIONS FOR FUTURE REFERENCE

– ENGLISH –

WARNINGS

We recommend checking with your doctor before using the massager, especially if you have health problems.

Before using this appliance, read and follow all warnings and instructions in this manual, even if you are familiar with this product.

This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.

Children should be supervised to ensure that they do not play with the appliance. The appliance has a heated surface. Persons insensitive to heat must be careful when using the appliance.

IMPORTANT SAFEGUARDS



Please read this instruction manual carefully before first use. It is advisable to keep this instruction manual for future reference.

DO NOT use this product as a substitute for medical attention.

DO NOT use this product for more than 15 minutes at a time. Allow at least 20 minutes cool down period in between uses. Extensive use could lead to the appliance overheating and reduce the life of the product.

The unattended use of heat by children or incapacitated persons may be dangerous.



This product is not to be used by very young children. The appliance can be used by persons from 12 years of age and above.

Children under the age of three are not to use this appliance due to their inability to react to overheating.

This appliance must not be used by persons insensitive to heat and other very vulnerable persons who are unable to react to overheating if using the Heat Function.

This product is not intended for medical use. It is intended only to provide a comfortable massage.

If you have any concerns regarding your health, consult your doctor before using this appliance.

Individuals with pacemakers should consult a physician before using this product.

In case of pregnancy, diabetes or illness, consult your doctor before using this product.

Massage should be pleasant and comfortable. Should pain or discomfort result, or if you experience pain in a muscle or joint for a prolonged period of time, stop use and consult your doctor.

Never use the massager on open wounds, discolored areas, areas of poor circulation or any areas of the body that are swollen, burned, inflamed or where skin eruptions or sores are present.

DO NOT use the massager while under the influence of alcohol, sleeping pills or sedatives.

It is normal to feel itching, tingling or see redness on area of the skin where the massager was used after use. These symptoms will soon disappear. However, if these symptoms remain for an extended period, we suggest you consult your doctor as there may be a more serious underlying issue.

To prevent bruising, do not press too hard on the device.

DO NOT leave the appliance unattended when in use or plugged in.

Take care that children cannot touch the appliance when in use, and make sure they cannot reach and pull the power cord.

To protect against the risk of electric shock, do not immerse the appliance, cord or power adaptor in water or other liquids.

DO NOT use or store the product near sinks, baths or showers containing water or near running water.

DO NOT use in the bath, shower, spa, pool etc.

Always disconnect the power adaptor from the power point after use.

DO NOT use this appliance if it has been dropped or any part of the appliance (including cord or power adaptor) has been damaged.

The use of accessories not intended for use with this appliance may cause injuries to the user or damage to the appliance.

DO NOT place this unit on other appliances, on uneven surfaces or where it could be subject to heat sources (e.g. radiators or stoves), direct sunlight, excessive dust.

This appliance should not be placed near a hot gas or electrical burner or placed in a heated oven.

Always unplug the appliance from the electrical outlet after using and before maintenance. Turn all controls to the "OFF" position, and remove the plug from the outlet.

The appliance should always be switched off before disconnecting from the power supply. Never pull the cord to disconnect the power adaptor from either the appliance or the power point. Grasp the plug / adaptor body.

There are no user serviceable parts in this appliance.

If this appliance is to be used by a third party, please supply the instruction manual with it.

Ensure children and babies do not play with plastic bags or any of the packaging material.

DO NOT operate the appliance with wet hands or wet feet to reduce the risk of electric shock.

DO NOT carry the appliance by the power cord.

DO NOT use the appliance while sleeping or if feeling sleepy.

DO NOT use this product before bed. The massager has a stimulating effect and may delay sleep.

DO NOT use this product while in bed.

DO NOT use machinery or heavy equipment while using this appliance.

DO NOT cover the appliance while in use. The product will overheat and may cause fire, electrocution, damage to property or injury to persons.

Prolonged heat application can result in skin burns.

This appliance is intended for human use only. Not for animals and pets.

DO NOT Allow Pets or Animals to Lie or Chew on this appliance or on the electrical cord etc.

Never reach or touch an appliance which has fallen into water. Unplug from the mains power point immediately.

Position the power adaptor cord properly so that it will not be walked on, tripped over or pinched by items placed on or against it.

DO NOT store or use the appliance near or in high temperature areas.

If the power adaptor or power adaptor supply cord is damaged, do not use. It must be disposed in order to avoid a hazard.

ONLY for indoor domestic use. Industrial or commercial use invalidates the warranty. No liability can be accepted for any damage caused by non-compliance with these instructions or any other improper use or mishandling of appliance.

IMPORTANT

If you have any concerns regarding your health, consult your doctor before using this appliance. Individuals with pacemakers should not use this product. If you experience pain in a muscle or joint for a prolonged period of time, discontinue use and consult be a symptom of a more serious condition.

ADDITIONAL SAFETY INSTRUCTIONS RELATING TO THE PLUG AND POWER CORD

If using an extension cord:

The technical specifications of the extension cord must match or exceed the technical specifications of this appliance.

Do not allow the cord to hang over the edge of the work surface or to come into contact with stoves or other hot surfaces.

If the cord or plug are worn or damaged, do not use.

COMPONENTS



1	Control Panel	4	Right Foot Opening
2	Left Foot Opening	5	Power Adaptor
3	Massager Body		

OPERATION PROCEDURE

NOTE: If you forget to turn the massager off after use, the unit will automatically turn off after approximately 10 to 20 minutes (depending on which setting you have selected). A Maximum of 15 minutes is recommended for most people.

Do Not use for more than 20 minutes at a time without a 30 minute cool down period in between uses.

Do Not use more than 2 times a day.
Always remember to turn off and unplug when not in use.

POWER

- Before first use, please read the Instruction Manual carefully.
- Connect the power adaptor cable jack to the massage appliance.
The socket is located underneath the appliance.

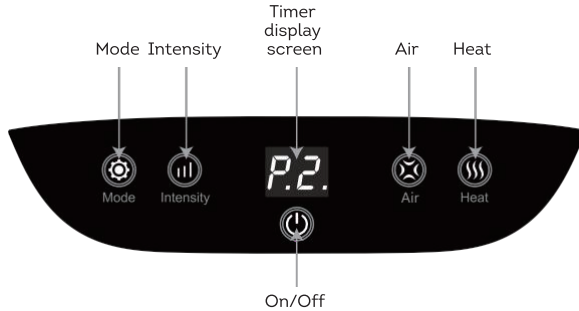


- Insert the Power Adaptor into the power point and switch on.
- The On / Off Button will start to flash and appliance is now ready for use.

MESSAGE CONTROL OPERATION

Sit in a comfortable chair with the massager at the front of the chair and slide your feet inside the massager.

There are Five Control Buttons(Mode,Intensity,ON/OFF,Air,Heat)



ON/OFF

After the unit is plugged in and standby,the digital tube screen will flash and display "88" in white color.

Long press the ON/OFF button,the indicator light inside the On/Off button will remain blue color.The digital tube screen will display working time 20 minutes.Then the device begins to operates in the default mode being Mode 1.

The Mode button,Intensity button and Air button will also illuminate in blue color.

Meanwhile,Mode / Intensity/ Air pressure function is default ON(Mode1.Low intensity and Low Air pressure).Heat function is default OFF.

Long again pressing the On/Off button,massage function will be closed off.The digital tube screen will only show "88" with white color flashing in standby position.

MESSAGE MODE

After starting the massager in default Mode 1 (P1).

Press shortly the Mode button once to enter Mode 2.The digital tube screen will display "P2" shortly and then automatically return to show the remaining time.

Press shortly second time the Mode button to enter Mode 3.The digital tube screen will display "P3" shortly and then automatically return to show the remaining time.

Press again to return to Mode 1,the digital tube screen will display P1.The digital tube screen will display "P1" shortly and then automatically return to show the remaining time.

Each time when you switch the Mode,characters of "P2/P3/P1" will be of short duration on the digital tube screen and then return to the remaining time GUI.

Mode 1: Digital tube display P1.The device will focus on giving you the kneading massage on the soles of your feet and air compression for your instep & heel.Totally you will enjoy pleasure from air compression & mechanical kneading together.

Mode 2: Digital tube display P2.The device will focus on giving you air compression on the instep & heel.Also with intermittently massage on the soles of your feet.Under this mode,air compression are the main focus while soles massage as an auxiliary role.

Mode 3: Digital tube display P3.The device will give the massage on the soles of your feet while air compression(in a state of no air deflating) on your instep & heel be kept for a long time.

Under this mode,mechanical massage on soles of feet are the main focus while air compression as an auxiliary role.

Note:

1.P1 means Mode 1;P2 means Mode 2;P3 means Mode 3.

2.Each time when you switch the Mode,"P2/P3/P1" will be of short duration on the digital tube screen and then return to the remaining time GUI.

3.Each time when switching Mode,the roller intensity under your feet and air pressure will work at default intensity(Low); After both Intensity and Air pressure function closing,the Mode indicator light will also be closed off.

INTENSITY

When the unit is powered on and massage function is started,press the Intensity to switch the massage strength of the foot roller.There are two intensities: LOW and High.Default intensity strength is Low (b1).

Pressing shortly the button once,massage will switch to High speed,the digital tube screen will display "b2" shortly and then automatically return to the remaining time.

Pressing shortly the button second time,then intensity will stop working while the digital tube screen will show "b0" shortly and then automatically return to the remaining time.

Note: b1 means Low; b2 means High;b0 means function stopping working.

AIR

Press the Air button to switch different air pressure mode.The digital tube screen displays L0/L1/L2/L3. After long pressing ON/OFF key,default air pressure mode will be Low mode.

Press Air key once to switch to Medium mode,the digital tube screen will display "L2" shortly and then automatically return to the remaining time;

Shortly pressing Air key to switch to High mode,digital tube screen will display "L3";the digital tube screen will display "L3" shortly and then automatically return to the remaining time;

Short pressing Air key third time,digital tube screen will display "L0" and air pressure massage is closed.

Note: L1 means Low; L2 means Medium;L3 means High; L0 means function stopping working.

HEAT

When the unit is powered ON and massage function is started,press the Heat button for working.The indicator light will illuminate in red color and the rolling massage fingers under your feet will start to slowly warm up.

To stop the heating function,just press the Heat button again.The indicator light will turn off.

TIMER DISPLAY SCREEN

Compared with old model,this new device has canceled the traditional mechanical time button key and no 10-15-20 minutes levels.After starting the massager,the touch screen digital tube will only display remaining operation time.Default operation time is 20 minutes.Customers could easily know the time left for their use.

COMPLETION AND STORAGE

- After you have finished using the appliance, unplug the power adaptor and disconnect from the appliance.
- Store the appliance safely in its box and in a dry place.
- Do Not wind the power adaptor cord around the appliance body as this will damage the cord over time. Simply loop the cable and place next to the appliance.

CLEANING THE APPLIANCE

CAUTION: DO NOT IMMERSE IN WATER OR LIQUID.

- Turn off and unplug appliance prior to cleaning.
- Do Not immerse the appliance in water, or any other liquid.
- Clean only with a soft, very slight damp sponge.
- NEVER allow water or any other liquids to come into contact with the appliance especially the power socket or power adaptor.
- Never use abrasive cleaners, solvents, steel wool, scouring pads, brushes, or strong chemicals that might or might not be flammable and/or damaging to the product to clean.

TROUBLESHOOTING

Problem	Cause	Remedy
No Power	Power Not Switched On.	Plug in power adaptor and Switch On at power point. If still no power, check the power point has power supplied by checking with another appliance such as a table lamp. If no power to the power point, call an electrician.
	Power adaptor not plugged into the appliance	Insert small plug end on the Power adaptor into the appliance
No Massage	Appliance not switched on	Press the On / Off button.
		Refer to "No Power" section.
No Heat Function	Heat Button has not been pressed.	Press the Heat button. Button should illuminate.
Appliance turns off automatically	Product automatically turns off after a set time.	Digital tube touch screen only display remaining operation time. Default operation time is 20 minutes
	Product unexpectedly turns off regardless of auto off settings	Unit has overheated due to excess use without a cool down period. Rotating massage fingers are jammed.
Pressure massage is too hard or too soft.	Intensity setting is too high	Press Air button for changing Low Intensity(L1); L2 for Medium Intensity; L3 for High Intensity.

DISPOSAL OF ELECTRICAL AND ELECTRONIC EQUIPMENT (WEEE)



This symbol on the product or in the instructions means that the electrical and electronic equipment according to the European directive (WEEE) must be disposed of separately from other household waste, as they can be harmful to the environment. The countries in the EU have waste collection systems. Contact your local dealer of authority for more information.

SPECIFICATION

Model no.	29696
Max. operating time	20 minutes
Input voltage	100-240V AC
Output voltage	12V DC
Frequency	50/60Hz
Power	36W
Product Weight	3.68KGS

CONTACT INFORMATION:

F&H Group A/S
Gl. Skivevej 70
DK-8800 Viborg
DENMARK

